

MARCH BREAK MARCH 14 to 22nd 2020 HORAIRE DE LA PISCINE CONGÉ D'HIVER Le 14 au 22 MARS 2020

POOL SCHEDULE HORAIRE DE LA PISCINE

Sunday dimanche	Monday lundi	Tues mardi	Wed. mercredi	Thurs. jeudi	Fri. vendredi	Sat. samedi
	5:00-8:00 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	5:00-9:00 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	5:00-8:00 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	5:00-9:00 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	5:00-8:00 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	Sea Lions 7:10 to 8:40
	AquaFit/laps-longueurs 8:00-8:45**	Aqua Rehab and lanes only ** 8:45 -9:30 \$	AquaFit/laps-longueurs 8:00-8:45**	Aqua Rehab and lanes only ** 8:45 -9:30 \$	AquaFit/laps-longueurs 8:00-8:45**	AquaFit/laps-longueurs 8:00-8:45**
9:00-1:00 9h00 à 13h00 Members only Membres seulement	closed 9:30-10:05 Autism prog swim lessons 9:00-12:00	closed 9:30-10:05	closed 9:30-10:05	closed 9:30-10:05	closed 9:30-10:05	9:00-12:00 Swim lessons Cours de nations
1:00 to 5:45 13h00 à 17h45 MARCH BREAK FAMILY SWIM NATATION FAMILIALE CONGÉ D'HIVER	10:30 to 4:00 10h30 à 16H00 MARCH BREAK FAMILY SWIM NATATION FAMILIALE CONGÉ D'HIVER	AquaFit laps-longueurs (1 LANE) 10:05-10:50 **	10:30 to 4:00 10h30 à 16H00 MARCH BREAK FAMILY SWIM NATATION FAMILIALE CONGÉ D'HIVER	Aqua LATINO laps-longueurs (1 CORRIDOR) 10:05-10:50 **	AquaFit laps-longueurs (1 LANE) 10:05-10:50 **	Life guard training courses Cours de formation sauveteur
Minimum of 1 lane Minimum d'un corridor	Minimum of 1 lane Minimum d'un corridor	AquaFit PWR! Moves laps-longueurs -1 LANE 1:00 \$	Minimum of 1 lane Minimum d'un corridor	Minimum of 1 lane Minimum d'un corridor	Minimum of 1 lane Minimum d'un corridor	Private lessons 12:00-1:30 1 lane /corridor Leçons privées
Private lessons 4-5:30 1 lane /corridor Leçons privées	Private lessons 4-6:30 1 lane /corridor Leçons privées	Private lessons 4-6:30 1 lane /corridor Leçons privées	Private lessons 4-5:30 1 lane /corridor Leçons privées	Private lessons 4-5:30 1 lane /corridor Leçons privées	Private lessons 4-6:30 1 lane /corridor Leçons privées	12:00-1:00 Member only Membre seulement
Closed at 5:45	AquaFit/ laps-longueurs 5:30-6:25**	4:00- 8:45 16h00 à 19h45 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	AquaFit/ laps-longueurs 5:30-6:25 **	Junior Lifeguard Club 5:00-6:30	4:00- 8:45 16h00 à 19h45 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	1:00 to 7:45 13h00 à 19h45 MARCH BREAK FAMILY SWIM NATATION FAMILIALE CONGÉ D'HIVER Minimum of 1 lane open Minimum d'un corridor ouvert
Fermée à 17h45	Privates 6:30-7:00	Jr. & Adult Swim Development 6:30-7:30 pm *	Privates 6:30-7:00	4:00- 8:45 16h00 à 19h45 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	Jr. & Adult Swim Development 6:30-7:30 pm *	Closed at 7:45
	Sea Lions 3 lanes 19h00 à 20h00 **	4:00- 8:45 16h00 à 19h45 Open Swim Nage Libre Minimum of 1 lane open Minimum d'un corridor ouvert	Sea Lions 3 lanes 7:00-8:00 **	NAV Fit	Fermée à 19h45	

* Diving board is closed/plongeur est fermer

**Diving board and Slide are closed/plongeur et glissade sont fermer

Life guards will open and close lanes and diving board and slide use, depending on the pool usage.

Please note: some schedule changes may occur without notification due to program demands.



Instructor is Certified to teach Parkinson Wellness Recovery



Instructor is certified to teach Healing Water, Aquatic Rehabilitation

Autism Program: instructors have taken the SENSational kids workshop offered by the Autism Society

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